



| Nutrition Facts   | Amount/serving   |  | % Daily Values* |  | Amount/serving           |  | % Daily Values* |  |
|---|------------------|--|-----------------|--|--------------------------|--|-----------------|--|
|   | Total Fat 9g     |  | 12%             |  | Total Carbohydrate 18g   |  | 7%              |  |
| 1 servings per container<br>Serving size<br>1 Bar (45g) | Saturated Fat 1g |  | 5%              |  | Dietary Fiber 6g         |  | 21%             |  |
|   | Trans Fat 0g     |  |                 |  | Total Sugars 9g          |  |                 |  |
| Calories<br>per serving                                 | Cholesterol 0mg  |  | 0%              |  | Includes 0g Added Sugars |  | 0%              |  |
|   | Sodium 30mg      |  | 1%              |  | Protein 10g              |  | 20%             |  |
| 188   | Vitamin D 0mcg   |  | 0%              |  | 0% • Iron 0mg            |  | 0%              |  |
|   | Potassium 0mg    |  | 0%              |  |                          |  |                 |  |

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** Almonds, Honey, Oats, Blueberry, Flaxseed, Cranberry, Pumpkin Seed, Brown Rice, Mushroom Blend, Cocoa Butter, Cocoa, Coconut Sugar, Raspberry, Cinnamon, Quinoa, Guarana, Coconut Oil, Vanilla Bean, Himalayan Pink Salt. Manufactured on equipment that processes products containing peanuts. Contains: Almonds, Coconut.

**Available Flavors:**  
● Chocolate & Almond

**BENEFITS**

EXTENDED ENERGY

NATURAL FLAVORS AND SWEETENERS

VEGETARIAN FRIENDLY

Bars are a billion dollar industry filled with choices that make consumers compromise their health for the convenience of a food source that is quick, easy and helps them avoid the fast food drive-thru. At IDLife, we are constantly working to develop products for our customers that eliminate the need to compromise and deliver unmatched nutritional ingredients. Well, we've raised the bar again! IDLife brings you a line of bars that are Organic, Non-GMO, Gluten-Free, and Kosher that deliver an unmatched combination of Super Foods that taste unbelievable.

### **The Best Ingredients Nature Has to Offer**

At IDLife, our customers have come to expect quality ingredients from the purest sources, delivered with unmatched quality. When we decided to develop a bar line, we followed this same path but took it to a whole new level. Combining organic Super Foods like Almonds, Flaxseed, Golden Berry, Cacao Nibs, Cordyceps, Quinoa and Cocoa, just to name a few, IDLife delivers a great tasting food that gives your body exactly what it needs and craves. By harnessing the best nature has to offer, IDLife is able to offer one of the only Organic, Non-GMO, Gluten-Free and Kosher whole food bars on the market today. Once again, IDLife has raised the bar in a product category, just this time it was actually a Bar!

